## **Town Hall Resources and Recommendations**

#### FEEL FREE TO ACCESS AND ADD TO THE RESOURCE LIST!

#### **Questions to think about:**

- *How do we show up without being defensive?*
- How do we keep learning from each other and within ourselves?
- *How do we keep adapting to the demands of radical changes?*
- How can school psychologists continue to be an advocate for anti racism?

### Tips on what you can do now?

- Sign a Petition: links here > <u>https://docs.google.com/document/d/1R7xQXeuIsQzcxe4walEBpF1BC0IkugT4sJVkLJAK</u> <u>YjY/edit</u>
- **Register to Vote**: Link here > <u>https://blacklivesmatter.com/register-to-vote/</u>
- Stand up against all forms of racism whether microaggressions or prejudice through open conversation and education
- We need to openly talk about racism with the children in our lives so they learn the values of fairness and equality
- Letters for Black Lives 2020 Letters for Black Lives/ Follow-Up Conversations Guide (for having conversations with family members)
- Become Active in an Anti-Racist Organization (check resources below for organizations to get involved in)
  - Follow on social media to get updates on actions you can take -- send emails, call representatives, protests, meetings, etc.
  - Find local organizations that are doing work you care about -- following national politics can be disheartening, but a lot can be accomplished in local government (and a lot has been done locally in the past couple months!)

#### <u>Resources</u>

 ACLU Cops and No Counselors Report: <u>https://www.aclu.org/report/cops-and-no-counselors</u>

- <u>https://blacklivesmatters.carrd.co/</u>
- NASP Resources for parents/teachers/other school psychs, social justice lesson plans for different ages, discussion questions, etc. <u>www.nasponline.org/social-justice</u>
- NASP Advocacy Action Week July 20-24: scripts, talking points, examples to use when contacting elected officials or sharing on social media

https://www.nasponline.org/research-and-policy/advocacy/advocacy-action-week

#### **Petitions**

- The Minneapolis Police Officers to be charged for murder after killing innocent black man
- <u>The Action Pac</u>
- Justice for George Floyd
- <u>Mandatory Life Sentence for Police Brutality</u>
- JUSTICE FOR GEORGE FLOYD
- Charge MPD officers
- #JusticeforFloyd: Demand the officers who killed George Floyd are charged with <u>murder</u>
- Justice for George Floyd
- <u>Color of Change</u>
- Mario Woods, no justice
- <u>Tamir Rice, no justice</u>
- Breonna Taylor
- <u>Green Family Fire Relief</u>
- Justice for Tony McDade, Black Trans Man
- <u>RAISE THE DEGREE</u>
- Justice For George Floyd

#### Organizations to Donate to or Get Involved with

- Black Lives Matter
  - Black Lives Matter LA: https://www.blmla.org/
- People's Budget LA <u>https://peoplesbudgetla.com/</u>
- Youth Justice LA <u>https://youthjusticela.org/</u>
- Students Deserve <u>https://www.schoolslastudentsdeserve.com/</u>
- NAACP <u>https://www.naacpldf.org/</u>
- Minnesota Freedom Fund <u>https://minnesotafreedomfund.org/</u>

- Reclaim the Block <u>https://secure.everyaction.com/zae4prEeKESHBy0MKXTIcQ2</u>
- National Bail Out
- Bail Project
- Black Visions Collective <u>https://secure.everyaction.com/4omQDAR0oUiUagTu0EG-Ig2</u>
- Unicorn Riot
- North Star Health Collective <u>https://www.northstarhealthcollective.org/donate</u>
- ACLU
- Funds for the victims <u>https://blacklivesmatters.carrd.co/#victims</u>

#### **Films**

- "I Am Not Your Negro." Watch for FREE until 6/21 on PBS:
  - <u>https://www.pbs.org/independentlens/videos/i-am-not-your-negro/?fbclid=IwA</u> <u>R2rjJH07w2rzuFHMsWQr28V-0q80gHeS8JyC hUp2MGZ 5t3qUzQqkixxM</u>
- "Selma" is available for FREE rental through June
  - https://vupulse.com/c/5354?fbclid=IwAR2rjJH07w2rzuFHMsWQr28V-0q80gHeS
     8JyC\_hUp2MGZ\_5t3qUzQgkixxM
- "13th" documentary by Ava DuVernay is now FREE on YouTube, in addition to Netflix:
  - <u>https://www.youtube.com/watch?feature=share&v=krfcq5pF8u8&fbclid=IwAR0</u> <u>pltiu4C7tk6nKkX50lJ057vGezX5rJC6k0n0atx-x4RabGsvnrWbRYPo&app=desktop</u>
  - The film explores the history of race and the criminal justice system in the United States.
  - The documentary goes over the history of racial inequality in the United States.
  - Focuses on the fact that the nation's prisons are disproportionately filled with African-Americans.
  - Discusses the intersection of race, justice, and mass incarceration in the USA.
- "Teach Us All" is on Netflix
  - <u>https://www.netflix.com/title/80198423</u>
  - This documentary talks about racial inequality in public schools and the segregation in public schools since Brown v Board of Education until today in America
  - The film showcases multiple schools with largely poor, minority students and discusses many issues related to racial inequality in education such as: the

disparities in resources, the school-to-prison pipeline, school policing, and how systems such as "school choice" disadvantages minority parents

- Puts forth an argument for the need for integration of schools
- Sesame Street: Coming Together: Standing Up To Racism
  - <u>https://www.cnn.com/2020/06/06/app-news-section/cnn-sesame-street-race-to</u> <u>wn-hall-app-june-6-2020-app/index.html?fbclid=IwAR3PQb\_HM5QfB7LZ\_9UHvu</u> <u>aOH2ghZRBqfgGCHBZOLybasymurMuDpEFPyxs</u>
- "Just Mercy" for rent for \$5.99
  - <u>https://www.justmercyfilm.com/</u>

#### **Police Presence Articles**

- Police in Schools Continue to Target Black, Brown, and Indigenous Students with Disabilities. The Trump Administration Has Data That's Likely to Prove It.
- <u>Elementary School Kids Don't Belong in Handcuffs</u>
- When Kicking Around an Orange Gets You On Probation
- Los Angeles Unified cuts school police budget by \$25 million following weeks of protests

#### <u>Books</u>

- Pushout: The Criminalization of Black Girls in Schools by Monique Morris/ Why black girls are targeted for punishment at school – and how to change that (Ted Talk with Dr. Morris)
  - Dr. Morris sheds light on how Black girls are overrepresented in school discipline, with many experiencing out of school suspension and being referred to juvenile court.
  - When Black girls are severely punished at schools (such as getting suspension when it is unwarranted) it causes them to see school as just another place of being marginalized and many discipline practices ultimately lead these girls to be pushed out of school
  - Black girls are often seen as being unlady like, loud, aggressive, and being more adult-like. These stereotypes impact how teachers and school personnel treat Black girls

Schools must be a place where Black girls are loved, where they are understood, valued, and supported both socio-emotionally and intellectually. As future school psychologists, we all can help create this type of environment.

#### • How to Be an Antiracist, Ibram X. Kendi

 Kendi encourages readers who consider themselves 'not racist' to instead think of themselves as 'antiracist.' He argues that in regard to racism there are only two kinds of people: Racist and antiracist. An antiracist is someone who exposes and eradicates racist ideas, while a racist is someone who allows racist ideas to spread without opposition. Kendi examines history and his own past beliefs to trace the evolution of racist thinking. This context shows the many ways that racist beliefs cause harm in Black lives.

# • Why Are All the Black Kids Sitting Together in the Cafeteria? Beverly Daniel Tatum

- Dr. Tatum has a background in psychology in racism and discusses racism using encounters she's had with her former students and through diverse observations in schools. She also delves into statistics and historical moments that are affiliated with systemic oppression. This book contains valuable insights that broaden educators' view of how students of color may feel- and how educators can approach them with more thought and understanding.
- So You Want to Talk About Race, Ijeoma Oluo
- Me and White Supremacy, Layla F. Saad
- Savage Inequalities by Jonathan Kozol
  - For incoming first years that want to get ahead